

Beyond Physical Fitness Prices

CEO Natasha Renette

Individual (personal training)

# of sessions	Times per week	Monthly Cost 30min session or 1hr session
1	n/a	\$47 (30 min only)
4	Once	\$167 or \$299
8	Twice	\$291 or \$524
12	Three times	\$374 or \$674

Partner (personal training)

# of sessions	Times per week	Monthly Cost (per person) 30min session or 1hr session
8	Twice	\$208 or \$374
12	Three times	\$275 or \$494

Group (personal training)

# of sessions	Times per week	Monthly Cost (per person) 30min session or 1hr session
8	Twice	\$183 or \$330
12	Three times	\$237 or \$426

Measurement consultations are \$60.

Take 10% off personal training for children under 18 & senior citizens over 64.

Add minimum \$10 premium per session per person for off-site training.